



High School



BOOTCAMP

MONDAY-FRIDAY, JULY 22-26, 2019

8:00pm-10:00pm
Cost \$180

REGISTRATION NOW OPEN

High school athletes are invited to join us this summer for our High School Boot Camp. This class is for current and rising High School Cheerleaders preparing for their upcoming try-outs. Focus is on tumbling, stunting, jumps and conditioning, and a mock try-out will be performed on the last day of camp.

Coaches: Camron and Jason

Join Us for the Best High School Cheerleading Preparation Camp in Town!

ONLINE REGISTRATION

Visit our website for more information & to register:

www.fitwize4kids.com/ashburn/tumbling-cheer-team/summer-tumbling-cheer-camps

21720 Red Rum Dr., Suite 112, Ashburn, VA 20147 | (703) 723-4176
ashburn@fitwize4kids.com | www.fitwizeashburn.com



Cheer High



MONDAYS, JUNE 10-JULY 15, 2019

8:00pm-10:00pm
Cost \$105*

REGISTRATION NOW OPEN

High School athletes are invited to join us this summer in our Cheer High session. This class is for current and rising High School Cheerleaders looking to advance their skills. Class will focus on stunting, tumbling, jumps, motions and conditioning.

Coaches: Camron and Jason

**Active \$60 annual tumble fee required.*

Looking to progress your skills in preparation for your school's tryouts? Look no further as Fitwize knows what local high schools are looking for, and our coaches will help each athlete as they work towards their goal.

ONLINE REGISTRATION

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