

## OUR COACHES



### **CAMRON MEREDITH** Head Cheer Team Coach

Camron has 14 years of tumbling experience with 13 years competing in all-star cheerleading. He also competed at the Cheerleading Worlds consecutively for eight years. Camron has experience teaching tumbling skills for five years, and stunting for four years.



### **JASON HENRY** Head Tumbling Coach

10 years of gymnastics experience, seven of which were competitive. Worked and trained at camp Woodward the past 10 summers. Actively competed in all-star cheer for nine years and actively coaches all-star cheer, tumbling and gymnastics since the age of 18. CPR and USASF certified, and studied Kinesiology at PSU.



## CHEER TEAM TRYOUTS

June 2, 2018, 1-5pm  
\$20 tryout fee



### **Come be a part of the FITWIZE CHEERLEADING FAMILY!**

We are looking for athletes who have a passion for cheerleading and want to learn how to put all of the components of cheerleading into a routine and compete, all while making people smile in our community through our performances and charity events. Fitwize works with cheerleaders on the skills they need to cheer in high school, so our focus is on athletes who are looking to become a high school cheerleader.



### **FITWIZE REC TEAMS**

The REC TEAMS are for the beginner to advanced athlete, who will be in 2<sup>nd</sup>-9<sup>th</sup> grade for the upcoming school year. This program will run from June-April. All athletes must attend team practices (one or two per week) and a minimum of one tumbling class per week throughout the season. All athletes will participate in two or more competitive cheerleading competitions during the season.



### **INTERESTED IN JOINING OUR TEAM?\***

Fill out our online tryout registration form at [www.fitwize4kids.com/ashburn/tumbling-cheer-team/fitwize-cheer-team](http://www.fitwize4kids.com/ashburn/tumbling-cheer-team/fitwize-cheer-team). Tryouts will be held on June 2. Once we receive your registration, your athlete will be assigned a 45-minute time slot between the hours of 1pm-5pm. You will receive a confirmation email with your assigned time no later than May 31. Enduring lifetime friendships are made over the course of the cheer season, come join in the fun!

*\*There is a mandatory parent meeting for all team athletes on Monday, June 4 at 8pm.*

